

## Transition Planning Checklist

### Upcoming Dates/Appointments for child

Type of appt	Date/time	Location	Contact information	Notes
Doctor (dr. name)		Office name, address	Phone number/person	Is new office needed?
Dentist				
Occupational Therapy				
Other services				

If a new doctor is needed, please call Coordinated Care 1-877-644-4613 (TDD/TTY: 1-866-862-9380) or visit their website [CoordinatedCareHealth.com](http://CoordinatedCareHealth.com) to start the process.

### Other important information for child

Name	Days/times	Location	Contact information	Notes
Daycare/School name	Mon-Thurs 9-12pm		Phone number/person	New daycare needed?

If new daycare is needed, please call Child Care Resources at 1-800-446-1114.

### Considerations for parents

- Supplies needed for child(ren)? Furniture, child proofing, clothes, toys/books, food resources

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- Support system (who call if support needed?)

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- Additional resources needed? [Pierce Co Resource Guide](#) and [United Way 211](#)

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Calendar with detailed information, concrete steps of the transition plan (who is picking up? Where? Time?).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Visit/Stay for overnight	Picked up at 12pm by caregiver
	Visit (drop off at daycare 8am)		Visit (drop off at daycare 8am)		Visit/Stay for overnight	Stay for overnight
Picked up at 12pm/meet at XXX	Visit (drop off at daycare 8am)	overnight	Visit (drop off at daycare 8am)		visit/Stay for overnight	Stay for overnight
Stay for overnight	Visit (drop off at daycare 8am)	overnight	Visit (drop off at daycare 8am)	overnight	visit/Stay for overnight	Stay
stay						

Child's Routine

Time	Activity	Notes
7-7:30am	Wake up	
8am	Breakfast	Favorite foods:
9am		
10:30am	Nap time	Sound machine, favorite stuffy
11am	Nap time	
12:30pm	Nap time	
1pm		
2pm	Snack	Favorite snacks:
3pm		
4pm		
5pm		
6pm	Dinner	
7pm		
8pm	Bedtime	Read 2 books,

