

Test Yourself: Definition Match-Up

*This activity was adapted from the State of Washington's Department of Children Youth and Families, and The Equity Project, 'Toward Equity' training curriculum

Number of Participants: Any

Time: 10 minutes

Objective: The pre-homework video assigned to participants should have laid the groundwork for this exercise. The objective of this activity is to test participant understanding of words related to sexual orientation, gender identity, and gender expression.

Materials:

Laminated cards of each “answer” for the participants and the list of fill-in-the-blank questions for the trainer.

Instructions:

Hand out all of the laminated cards to all participants until they are all gone (it is okay if some participants have more than others). Explain to all participants:

“Look through and read the cards we’ve just handed you. I am going to read through definitions for these words, and if you believe you have the word that correctly fits the definition, please raise the matching card. If you have the correct answer, please share your name and preferred pronouns with the group. If you would like to read the definitions along with me, you can find this activity on page 3 in your manual.”

Read through all of the definitions until complete. If participants have more than one laminated card, ask them to continue to participate, but they don’t have to reintroduce themselves. By the end of the activity, if any participants did not have the opportunity to introduce themselves, please ask them to do so.

Words:

Asexual	Intersex
Bisexual	Lesbian
Cisgender	LGBTQ+
Coming Out	Pansexual
Gay Man	Pronouns
Gender Expression	Queer
Gender	Questioning
Identity	Sex Assigned at Birth (Biological Sex)
Gender Non-Conforming	Transgender
Gender Queer	Two-Spirit
Heterosexual	
Homosexuality	

Questions:

1. Describes an individual whose gender identity and gender expression matches the gender typically associated with their biological sex. Often abbreviated as Cis.
ANSWER: Cisgender
2. A term used in **some** Native American communities for persons who identify with gender roles of both men and women, and/or are considered a separate or third gender. ANSWER: Two-Spirit
 - a. Note: share with the participants that this term can be, and has been, used as a form of cultural appropriation when it is used by non-native identified people
3. The assignment and classification of people as male, female, intersex or another sex based on a combination of anatomy, hormones, and chromosomes. This assignment is the sex marker placed on an individual's birth certificate at birth. ANSWER: Sex Assigned at Birth (Biological Sex)
4. An umbrella term used to describe anyone who's gender identity situates them differently than the traditional sex they were assigned at birth. ANSWER: Transgender
5. A general term used to describe individuals who identify as lesbian, gay, bisexual, transgender, and/or queer/questioning. ANSWER: LGBTQ+
6. A woman who has a continuing enduring emotional, romantic, and affectionate attraction for other women. ANSWER: Lesbian
7. Continuing emotional, romantic, and affectionate attraction to persons of the same and opposite sexes. ANSWER: Bisexual
8. A term used to describe gender language that an individual wants others to use when referring to that individual, such as he, him, his; she, her, hers; or they, them, theirs. People may use other words as well. ANSWER: Pronouns
9. The act or process of voluntarily disclosing one's sexual orientation or gender identity. ANSWER: Coming Out

10. An individual who is only (or primarily) emotionally, romantically, and sexually attracted to the opposite sex. ANSWER: Heterosexual
11. An individual's outward communication of gender through behavior or appearance. This may or may not correspond with their biological sex assigned at birth. ANSWER: Gender Expression
12. An umbrella term used to describe individuals who identify as gay, lesbian, bisexual, transgender, gender neutral, questioning, and other identities. While in the past this was a derogatory term, many individuals and groups are reclaiming it as an all-encompassing way to describe those who do not identify as heterosexual and/or cisgender. ANSWER: Queer
13. A term of self-identification for people who do not identify with the limited and binary terms that have traditionally described gender identity (for instance the male/man or female/woman binary). ANSWER: Gender Queer
14. A man who has a continuing enduring emotional, romantic, and affectionate relationship for other men. ANSWER: Gay Man
15. Describes an individual whose combination of sex chromosomes, gonads, internal reproductive organs, and external genitalia are not “typical” - according to the medical community - of “female” or “male”. ANSWER: Intersex
16. Describes an individual who is emotionally, romantically, and sexually attracted to individuals of all gender identities and expressions including those who do not fit into the standard gender binary (man and woman). ANSWER: Pansexual
17. Describes an individual whose gender expression does not correspond with their biological sex assigned at birth. ANSWER: Gender Non-Conforming
- a. Note: share with participants that Gender Non-Conforming is not used as a personal identifier.
18. An individual who does not experience sexual attraction but may experience emotional or romantic attraction. ANSWER: Asexual

19. People, or a person, who are exploring or in the process of, discovering their sexual orientation, gender identity, or gender expression. ANSWER: Questioning
20. Describes a sexual orientation in which a person feels physically and emotionally attracted to people of the same sex. ANSWER: Homosexuality
21. An individual's inner sense of being a man, woman, or another gender. This may or may not correspond with an individual's biological sex assigned at birth. ANSWER: Gender Identity

Closeout:

Thank everyone for participating and introducing themselves. Move on to the next section, Demographics on LGBTQ+ Youth.